Do you have a disability and need specialized transport? Don’t have a car or a license? Are you a senior citizen and can no longer drive? Need a ride to a medical appointment from the store? There are many options for getting around and various providers of specialized transportation in the area.

Do you need a ride....

 Agencies Accepting Medi-Cal and Private Pay:

- **CARE-A-VAN**
  - Website: [www.medicalhomecarepros.com](http://www.medicalhomecarepros.com)
  - Contact: 530-221-4826

- **Merit Medi Trans**
  - This door-through-door service specializes in ambulatory, wheelchair, and gurney transports. For reservations contact: 530-221-4321
  - Book an Appointment Online: [www.meritmeditrans.com](http://www.meritmeditrans.com)
  - Provides non-emergency medical transportation 24/7 with a reservation between Sacramento and Oregon.

- **Precious Cargo**
  - For reservations contact: 530-243-3333
  - Provides non-emergency medical transportation 24/7 with a reservation.
  - [www.preciouscargo4transport.com](http://www.preciouscargo4transport.com)

- **Quality Medi-Ride**
  - For reservations contact: 530-222-3392
  - Provides non-emergency medical transportation to medical appointments for individuals who use a wheelchair or gurney. Operates between 9am - 4pm. Fees vary.

- **Mercy Outreach Van**
  - For reservations contact: 530-949-8167
  - Provides transportation to Mercy Medical Center for medical procedures from the outlying areas of Burney, Red Bluff, and Weaverville.

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To a Medical Appointment?

**Veterans Affairs (VA) - Redding Outpatient Clinic**
- Contact: 530-226-7575
- Provides free round-trip services for between Redding/Yreka (530-842-8010) and Redding/Chico (530-879-5000) for veteran patients with a reservation. Provides one-way service to VA facilities in Sacramento and Martinez.

**Arcadia Health Care**
- Contact: 530-223-2332
- [http://www.arcadiahealthcare.com](http://www.arcadiahealthcare.com)
- National provider of home care and staffing. Personal home care may be able to provide transportation options.

**Compass Shining Care**
- Contact: 530-232-5543
- [www.shiningcare.org](http://www.shiningcare.org)
- Compass Shining Care is a local company that provides homecare and personal assistance.

**Home & Health Care Management**
- Contact: 1-800-400-0727
- Provides homecare, transitional care, health and safety services/classes, and HIV/AIDS services.

**Tribal Transportation Services**

- **Pit River Health Service**
  - Contact: 530-335-5090 ext. 151
  - [http://www.pitriverhealthservice.org/](http://www.pitriverhealthservice.org/)
  - Provides transportation to eligible Native American patients. Reservations must be made at least 48 hours in advance.

- **Redding Rancheria**
  - Contact: 530-224-2700
  - Provides transportation to and from the clinic to patients. Call in advance to make pick-up/drop-off arrangements.

- **Susanville Rancheria**
  - Susanville Rancheria's Transit Unlimited shuttle makes stops in Redding and Red Bluff Monday thru Saturday. Service is open to the public. For schedule information please call (530) 257-1128. [More information on brochure map.](http://www.rabaride.com)

**Home Helpers**
- Contact: 530-226-8350
- [http://homehelpershomecare.com](http://homehelpershomecare.com)
- Provides elder care and companionship services.

**Visiting Angels**
- Contact: 530-223-2400
- National provider of non-medical home care services to seniors and individuals with disabilities.

**Out of Shasta?**

- **Amtrak, Greyhound, Sage Stage, Trinity Transit, Susanville Rancheria Transit and First Class Shuttle** provide service in and out of Redding. [See schedule and fare information on reverse side.](#) Schedules and fares vary and are subject to change.

**Shasta County Opportunity Center**
- [Website: www.oppcenter.org](http://www.oppcenter.org)
- Provides transportation to Mercy Medical Center for appointments for individuals who use a wheelchair or gurney. Operates between 9am - 4pm. Fees vary.
- [Contact: 530-226-2190](http://530-226-2190)
  - Reservations taken between 8am to 4pm Mon.-Fri.

**For Adults with Disabilities**

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Need a bus to or from Redding?
The Downtown Transit Center at 1530 Yuba St. in Redding provides a central connection point for travelers wanting to go west to Weaverville or to smaller towns in eastern Shasta County. You can even catch a ride to Sacramento and the Sacramento Airport from the Downtown Transit Center. Visit your preferred transit agency website for more information about stop locations, routes, and the latest route times!

Going to the Coast? Transfer in Weaverville on Trinity Transit
Trinity Transit makes stops in Redding Mon.-Fri. (also the first Sat. of each month) from 7:30am to 4:10pm. Transfer in Weaverville at the Top’s Mini Mart and hop on Redwood Transit to reach Arcata or Eureka. For tickets and schedule information please call (530) 623-5438. Fare for Redding to Weaverville: $10. Discounted fares are also available. For schedule and transfer info call (530) 623-5738 or visit www.trinitytransit.org.

Going to Sacramento/Sac Airport?
Catch First Class Shuttle down to the Sacramento Airport at the Redding Oxford Suites on Hilltop Drive. Stops at the Redding Downtown Transit Center, in Red Bluff, Corning, Orland, and Willows are also available upon request. Fare between Redding and Sacramento Airport: $75 (One-Way), $140 (Round Trip). Fuel surcharges may apply. At the Airport, travelers can also connect with Davis Airporter for travel to SFO. Discounted group rates are available. For schedule and fare info please call (530) 605-0137 or visit www.rabaride.com.

You can also ride Greyhound or Amtrak from Redding!
Contact information for Greyhound: www.greyhound.com or (530) 241-2070
Contact information for Amtrak: www.amtrak.com or (800) 872-7245

Going to Alturas?
Susanville Rancheria’s Transit Unlimited shuttle is open to the public and runs between Redding and Susanville with stops at the Red Bluff Transit Hub Mon.-Sat. from 7:30am - 7:00pm. The Susanville final stop is located at the Susanville Rancheria Gym. Due to inclement weather in the winter months, schedules may vary. Susanville to Redding = $20. Discount fares available. For schedule information please call (530) 257-1128 or 260-2002; or visit http://tinyurl.com/sshuttle

Going to Burney?
Burney Express also makes stops at Shasta College. The route’s final stop is located at Burney Sporting Goods in Burney. Fare between Redding and Burney: $5. Burney Express runs 3 times/day, Mon.-Fri. To purchase tickets and retrieve schedule information, please contact RABA. For more information please call (530) 241-2877 or 1-800-803-7222 or visit www.rabaride.com/routes/burneyexpress.html

Going to Red Bluff/Susanville?
Susanville Rancheria’s Transit Unlimited shuttle is open to the public and runs between Redding and Susanville with stops at the Red Bluff Transit Hub Mon.-Sat. from 7:30am - 7:00pm. The Susanville final stop is located at the Susanville Rancheria Gym. Due to inclement weather in the winter months, schedules may vary. Susanville to Redding = $20. Discount fares available. For schedule information please call (530) 257-1128 or 260-2002; or visit http://tinyurl.com/sshuttle